Lifespan Development
FCD 1351
Fall 2019

Time & Location:
Tuesdays 5pm to 7:50pm @ FCS 158

Instructor: Samantha Reisz, Ph.D.
Office: FCS 123D
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Office Hours: Tuesdays and Thursdays 3:30pm to 5pm and by appointment

Course Description
This course will examine developmental principles underlying behavior as experienced in physical, intellectual, emotional and social changes across the lifespan. Emphasis will be on adult development.

Course Objectives
- Provide students with an overview of theoretical and empirical information on lifespan human development.
- Enable students to be able to describe the physical, cognitive, and socioemotional developments that occur in each stage of the human lifespan.
- Increase students' understanding of their own and others' development by being able to apply developmental knowledge and concepts to their own and others' daily lives.
- Enable students to discuss developmental patterns from diverse perspectives.
- Increase students' understanding/sensitivity of the variety of ways that life is experiences in the US and around the world.

Required Textbook
Berger, K. S. (2017). *The developing person through the life span* (10th edition). New York, NY: Worth Publishers.

You are responsible for all assigned readings even if they are not covered in class.

E-textbook: https://www.macmillanhighered.com/launchpad/bergerls10e/11653737. The textbook is also on reserve at Alkek Library.

Note: Use of previous editions is permissible, ideally the 9th. Know that Dr. Reisz has the 10th edition and is using that for exams → *You are responsible for the information in the 10th edition*.

Course Requirements and Professional Expectations

Attendance
FCD 1351 meets once a week for 150 minutes. Attendance and participation are required for success in this course. Students who miss more than 2 classes may see an impact on their grade.

If there are extenuating circumstances that interfere with your ability to attend class regularly, please contact Dr. Reisz as soon as possible to figure out an alternate solution.

Classroom Expectations

Class begins promptly at 5 p.m. and runs until 7:50 p.m. A 10-minute break will be provided in the middle of each class. Students are expected to arrive on time, ready to engage in class activities, and to stay for the whole of class. Participation opportunities will include large and small group discussions, class activities, and group presentations.

Cell phones must be on *do not disturb mode* during class, unless otherwise arranged with Dr. Reisz (e.g., if you have children and need your phone available). Texting in class will NOT be tolerated and may result in your phone being taken away for the remainder of class.

Notes can be taken on computers or by hand. *Abbreviated* slides for the day's lecture will be posted on TRACS by the start of each class. You must attend class to get complete notes.

Academic Honesty – Honor Code

All work submitted for credit must be the student's original work. Dishonesty violates the Texas State University-San Marcos Honor Code. Academic dishonesty includes cheating, plagiarism, collusion, and falsifying academic records—or an attempt to do so. A submitted assignment of questionable origin will be investigated and be subject to the disciplinary actions recommended under the TSU policies. Honor Code - see UPPS No. 07.10.01
www.txstate.edu/effective/upps/upps-07-10-01.html

Accommodations

Students who are entitled to accommodations in this course should contact Dr. Reisz as soon as possible, ideally during the first week of classes, and provide documentation from the Office of Disability Services. For assistance with documentation, please contact the Office of Disability Services: www.ods.txstate.edu (512) 242-3451 (voice and TTY)

Inclusivity

Dr. Reisz is committed to equal access to opportunity, facility, and treatment for everyone, regardless of race, creed, national origin, age, gender, sex, physical ability, and/or sexual orientation. Texas State believes that freedom of thought, innovation, and creativity are fundamental characteristics of a community of scholars. To promote such a learning environment, the university has a special responsibility to seek diversity, to instill a global perspective in its students, and to nurture sensitivity, tolerance, and mutual respect. Discriminatory behavior will not be tolerated in this course or classroom. All students are expected to abide by theses shared inclusivity principles in interactions with Dr. Reisz and with fellow students.

Grading and Assignments

Final course grades are based on the total accumulation of points accrued from course assignments. Grades are assigned using the following percent distribution:
A = 90.00 to 100, B = 80.00 to 89.99, C = 70.00 to 79.99, D = 60.00 to 69.99

Grading for course assignments	
Exam 1 – October 1st	100 points
Exam 2 – November 5th	100 points
Exam 3 - December 3rd	100 points
In-class assignments (5 @ 15 points each)	75 points
Total:	**375 points**

Pay attention to dates!

Exams
Exam 1: October 1st
Exam 2: November 5th
Exam 3: December 3rd
Optional Final: December 10th

- Three noncumulative take-home exams will be given in this course, worth 100 points each.
  - Exam questions will cover class lectures, discussions, and required readings. Question format can include objective multiple choice, matching, true/false, etc.
- Exams are all take-home and must be completed and submitted electronically through TRACS. *Plan accordingly!*
  - You must complete the exam ***ALONE*** and sign the honor code verifying that you completed the exam by yourself.
  - Exams are open-book and open-note
  - Exams will be posted on Monday at 9am and are due by Wednesday at 11:59pm the week of the exam. ***Exams are due by Wednesday 11:59pm the week of the exam***.
    - Late exams will be subject to a 10-point penalty per 24-hour period the exam is late (equivalent of a letter grade)
- If you are dissatisfied with an exam grade, you may take the optional cumulative final, which can replace the grade for Exams 1, 2, or 3.
  - Make-up exams will not be offered due to the structure of the exams. If you do not submit Exam 1, 2, or 3, you can take the final to replace the grade of 0.
  - If you and receive a lower grade on the final than the other exam grade you are trying to replace, the higher grade will be counted towards your final grade. Overall, the highest 3 exam scores from the semester are counted towards your final grade.
- The final will be administered according to the published schedule (http://www.registrar.txstate.edu/persistent-links/final-exam-schedule). The final exam will only be open on our designated final exam day, December 10th.
  - Individual students with conflicts or serious problems may take a final at an alternate time if they secure permission from their instructor, chair, and school dean.

In-class assignments
75 points – 5 assignments @ 15 points each
Students will complete 5 in-class assignments worth 15 points each throughout the semesters. Assignments will be based on class discussions and readings and will usually be completed in groups. In-class assignments will not be announced beforehand, so you must attend class in order to participate. To offset any absences and life getting in the way, more than 5 in-class

assignments will be offered. If more than 5 are completed, the additional in-class assignment(s) will count as extra credit.

- In-class activities will ONLY BE ACCEPTED ON TRACS.
    - It is your responsibility to make sure that the assignment is submitted while it is open on TRACS. Emailed late submissions *will not be accepted*.
    - Once the submission closes, NO late or additional assignments will be accepted.
- Group in-class activities may be submitted by one group member as long as everyone's name is included on the submission. It is strongly recommended that you write down the name of the submitting group member, if it is not you.
    - It is your responsibility to know the names of your group members in case someone forgets to put your name on a submission.
    - If more than one group member would like to submit in order to be certain their assignment is counted, that is fine. As long as everyone's name is included in the submission, though, all grades will be counted.
- It is your responsibility to monitor your grades to check whether or not an in-class assignment grade is missing. This is particularly important if someone else is submitting for your group.
    - Discrepancies regarding grades for in-class assignments can be brought to the attention of the instructor up to 3 weeks after the class for which it was assigned. Any inquires after 2 weeks become difficult to track down and resolve, especially if classmates do not know each other's names.
    - Dr. Reisz will NOT go back through all the submissions at the end of the semester to try and find yours. Keep track of your grades and who is in your groups.

Course Outline

Remember: *You are responsible for all assigned readings even if not covered in class!*
Note: *Course schedule is subject to change at the instructor's discretion. Any changes will be communicated to students in a timely manner & an updated reading schedule provided.*

Topic	Readings	Prep & Assignments Due
Week 1 – August 27th		
Intro to Lifespan Development	**Review the syllabus.** Bring any questions about the syllabus to class.	Review the syllabus and bring any questions to class
Week 2 – September 3rd – Prenatal & birth		
Genetics, pregnancy, & birth	**Required:** • Chapter 2 – Theories • Chapter 3 – New genetics • Chapter 4 – Prenatal development & birth	
Week 3 - September 10th – Infancy & Early Childhood		
Early neurological, cognitive, & language development	**Required:** • Chapter 5 – First two years –Biosocial • Chapter 6 – First two years –Cognitive • Chapter 9 – Early childhood – Cognitive	
Week 4 – September 17th – Infancy & Early Childhood		
Attachment & social-emotional development	**Required:** • Chapter 7 – First two years –Psychosocial • Chapter 8 – Early childhood – Biosocial	
Week 5 – September 24th – Infancy, Childhood, & Adolescence		
Contexts of child development	**Required:** • Chapter 10 – Early childhood –Psychosocial • Chapter 11 – Middle childhood – Biosocial • Chapter 13 – Middle childhood – Psychosocial	
Week 6 – October 1st – Exam 1		
Exam 1	**TAKE HOME EXAM** **Monday, 9/30 @ 9am until Wednesday, 10/2 @ 11:59pm** Late exams subject to 10-point penalty per 24-hour period late Dr. Reisz will be on email standby from 3:30pm to 7:50pm on the day of the exam (usual office hours + class time) to answer exam questions as quickly as possible.	Exam 1 due by 11:59pm on Wednesday, October 2nd

Week 7 – October 8th – Middle Childhood & Adolescence		
Neurological & cognitive development in childhood & adolescence	**Required:** • Chapter 12 – Middle childhood – Cognitive • Chapter 14 – Adolescence – Biosocial	
Week 8 – October 15th – Adolescence & Emerging Adulthood		
Social cognition & identity development	**Required:** • Chapter 15 – Adolescence – Cognitive • Chapter 16 – Adolescence – Psychosocial	
Week 9 – October 22nd – Emerging Adulthood		
Emerging adulthood	**Required:** • Chapter 17 – Emerging adulthood – Biosocial • Chapter 18 – Emerging adulthood – Cognitive	
Week 10 – October 29th – Adulthood		
Close relationships, marriage, & parenthood	**Required:** • Chapter 19 – Emerging adulthood –Psychosocial • Chapter 22 –Adulthood – Psychosocial	
Week 11 – November 5th – Exam 2		
Exam 2	**TAKE HOME EXAM** **Monday, 11/4 @ 9am until Wednesday, 11/6 @ 11:59pm** Late exams subject to 10-point penalty per 24-hour period late Dr. Reisz will be on email standby from 3:30pm to 7:50pm on the day of the exam (usual office hours + class time) to answer exam questions as quickly as possible.	Exam 2 due by 11:59pm on Wednesday, November 6th
Week 12 – November 12th – Middle Adulthood		
Midlife transitions	**Required:** • Chapter 20 –Adulthood – Biosocial • Chapter 24 – Adulthood – Cognitive	
Week 13 – November 19th– Late Adulthood		
Cognitive & neurological changes across adulthood	**Required:** • Chapter 21 – Adulthood – Cognitive development • Chapter 23 – Late adulthood – Biosocial development • Chapter 24 – Late adulthood – Cognitive development	

Week 14 – November 26th – Late Adulthood		
Looking across a lifespan	**Required:** • Chapter 25 – Late adulthood – Psychosocial development • Epilogue – Death and dying	
Week 15 – December 3rd		
Exam 3	**TAKE HOME EXAM** **Exam period from Monday, December 2nd @ 9am until Wednesday, December 4th @ 11:59pm** Late exams subject to 10-point penalty per 24-hour period late Dr. Reisz will be on email standby from 3:30pm to 7:50pm on the day of the exam (usual office hours + class time) to answer exam questions as quickly as possible.	Exam 3 due by 11:59pm on Wednesday, December 4th

Finals Week

Optional Final
Date: Tuesday, 10 December 2018
Time: Exam available from 12:01am to 11:59pm on December 10th

The final will be administered according to the published schedule (http://www.registrar.txstate.edu/persistent-links/final-exam-schedule). The final exam will only be open on our designated final exam day, December 10th. Individual students with conflicts or serious problems may take a final at an alternate time if they secure permission from their instructor, chair, and school dean.

Good luck and have a wonderful winter break!