Self-Assessment

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| **Self-Assessment Title** | Self-Assessment 7.1 |
| **Descriptive Title** | Relationship Attractors |
| **Short Title** | SA 7.1 |
| **Activity Introduction and Description** | **Purpose**  1. To identify the degree to which different relationship attractors are important to you.  **Directions**  1. For each of the following potential attractors and relationship universals, identify the degree of its importance to you.  2. Give your immediate impressions. There are no right or wrong answers. |

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| **Statements** |  | | | |
| *Relationship Attractors*  Indicate the relative importance of each attractor to you by entering the number in the appropriate column. | ***Not at all***  ***Important***  ***1-2*** | ***Not Very Important***  ***3-4*** | ***Somewhat important***  ***5-6*** | ***Very***  ***Important***  ***7-8*** | ***Extremely Important***  ***9-10*** |
| 1. Attractiveness |  |  |  |  |  |
| 2. Proximity |  |  |  |  |  |
| 3. Reinforcement |  |  |  |  |  |
| 4. Similarity |  |  |  |  |  |
| 5. Complementarity |  |  |  |  |  |

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| **Scoring Method** | **Explanation** |
| Which of the relationship attractors was most and least important to you and why?  What does your ranking reveal about your relationship options? |  |