Self-Assessment

|  |  |
| --- | --- |
| Self-Assessment Title | **Self-Assessment 3.1** |
| Descriptive Title | **What’s Your Preference: “I” or “We”?** |
| Short Title | SA 3.1 |
| *Activity Introduction and Description*  This assessment asks you to express your preferences for statements representative of individualistic and collectivistic orientations. | *Directions:*  Indicate the degree of your agreement with a statement by noting if you fully agree, somewhat agree, neither agree nor disagree (neutral), somewhat disagree, or fully disagree with it. |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Statement | Fully Agree | Somewhat Agree | Neither Agree or Disagree | Somewhat Disagree | Fully Disagree |
| 1.  I desire to prove my personal competency. |  |  |  |  |  |
| 2.  If I hurt you, I hurt myself. |  |  |  |  |  |
| 3.  I’ve got to be me. |  |  |  |  |  |
| 4.  I desire harmony at all costs in my relations with others. |  |  |  |  |  |
| 5.  I want others to perceive me as having stature. |  |  |  |  |  |
| 6.  My goal is to preserve the welfare of others even if it is at my expense. |  |  |  |  |  |
| 7.  I need to achieve personal fulfillment. |  |  |  |  |  |
| 8.  I am loyal to tradition. |  |  |  |  |  |

|  |  |
| --- | --- |
| **Scoring Method** | **Score Interpretation** |
| Score your answers as follows: If you fully agree with a statement, rate it 5; somewhat agree, 4; neither agree nor disagree, 3; somewhat disagree, 2, and fully disagree, 1.  Add the scores for the odd-numbered questions together. This is your “I matter” Total: \_\_\_\_\_\_  Add the scores for the even-numbered questions together. This is your “We matter” Total: \_\_\_\_\_\_ | Which of your scores is higher? A higher “I Matter” score indicates greater individualistic tendencies. A higher “We Matter” score indicates greater collectivistic tendencies.  What do your results suggest about your concern for self and others? |