Self-Assessments

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| **Self-Assessment Title** | Self-Assessment 13.1 |
| **Descriptive Title** | Delivery Style Analysis  |
| **Short Title** | SA 12.1 |
| **Activity Introduction and Description** | **Purpose**1. To rate the extent to which you are comfortable with different delivery styles.**Directions**Use the following continua to evaluate your effectiveness using four different modes of delivery.  |

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| Statement | Completely True5 | Mostly True4 | Somewhat True3 | Mostly False2 | Completely False1 |
| 1.I like delivering a speech on the spur of the moment, because it sounds genuine to the audience. |  |  |  |  |  |
| 2.I am up to the challenge of organizing my thoughts quickly when speaking off the cuff. |  |  |  |  |  |
| 3.I find having to think on my feet without any notes or script energizing. |  |  |  |  |  |
| 4.I become a more confident presenter when I have time to prepare a speech and use speaker’s notes. |  |  |  |  |  |
| 5.When using speaker’s notes to deliver a speech, I am able to maintain eye contact, speak directly to the audience, and sound spontaneous and conversational. |  |  |  |  |  |
| 6.Having adequate time to prepare a speech is important to me. |  |  |  |  |  |
| 7.When speaking from a manuscript, I do not sound mechanical. |  |  |  |  |  |
| 8.I am most confident when I know in advance the exact words I will be speaking during my presentation.  |  |  |  |  |  |
| 9.Neither myself nor my audience find my script distracting. |  |  |  |  |  |
| 10.I am up to the challenge of memorizing a speech. |  |  |  |  |  |
| 11.Though it requires extensive practice, and word-for-word memory, I am comfortable speaking without notes or a script. |  |  |  |  |  |
| 12.When speaking from memory, audience members still find me sincere. |  |  |  |  |  |
| 13.I believe the guiding principle of speechmaking should be to keep it short and sweet. |  |  |  |  |  |
| 14I like to be able to give a one sentence summary of the idea behind a speech. |  |  |  |  |  |
| 15A bite-sized idea + a byte-sized video= a viral speech. |  |  |  |  |  |

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| **STYLE ANALYSIS**Add together the numbers you chose for each of the following sets of questions.To determine your level of comfort speaking impromptu add together your scores for questions 1-3. Total: \_\_\_\_\_\_To determine your level of comfort speaking extemporaneously, add together your scores for questions 4-6. Total: \_\_\_\_\_\_To determine your level of comfort speaking from a manuscript, add together your scores for questions 7-9. Total: \_\_\_\_\_\_To determine your level of comfort memorizing a script, add together your scores for questions 10-12. Total: \_\_\_\_\_\_To determine your level of comfort creating a soundbite, add together your scores for questions 13-15. Total: \_\_\_\_\_\_To determine your overall comfort delivering a speech, add the 5 scores for the different delivery modes together. \_\_\_\_\_\_75 You easily adapt to any mode of delivery.50-74 You have significant mode flexibility.24-49 You likely favor one or more styles of delivery over other styles.1-23 You likely have a favorite speaking style and have not displayed a willingness to master other styles. | **IMPLICATIONS**What do your scores reveal about your speaking style preferences and personal comfort with different kinds of presentations?To what extent do your preferences and strengths supportive of the kinds of presentations you give in class or at work? |