Class Activities

# Chapter 14: Personality Disorders

1. Visit the following Site – The ICD-10 Classification of Mental and Behavioural Disorders:

<http://www.who.int/classifications/icd/en/bluebook.pdf?ua=1>

Working in groups of 5 students, using your laptops and smart devices, compare and contrast DSM-5 and ICD-10 Description for Chapter Diagnoses. Each group is assigned a diagnosis.

* Cluster A Personality Disorders
  + Paranoid
  + Schizoid
  + Schizotypal
* Cluster B Personality Disorders
  + Antisocial
  + Borderline
  + Histrionic
  + Narcissistic
* Cluster C Personality Disorders
  + Avoidant
  + Dependent
  + Obsessive-compulsive

|  |  |  |
| --- | --- | --- |
|  | DSM-5 Ray Textbook | ICD-10 |
| Description |  |  |
| Criteria |  |  |
| Benefits of using this system |  |  |

\*Expand table as needed.

2. Have students break out into teams of 3-5 students. Each team is then assigned one of the personality disorders diagnosis. The students are to create a list of criteria for their assigned diagnosis and they are to develop a case narrative exemplifying an individual with the diagnosis from the first person perspective. The first person narrative must have sufficient information, where if he or she was interviewed by a mental health clinician, the clinician would be able to diagnose accurately the type of personality disorder being exhibited in the case narrative. You can also implement a lifespan developmental perspective to this activity by encouraging students to include the developmental milestones and challenges of the person given the age of the person depicted in the case narrative.

Seek volunteers to act out the role of the mental health clinician and person depicted in the case narrative. The class makes a determination of the diagnosis and identifies developmentally relevant therapeutic interventions for the case narrative. Do this for all the Cluster A, B, and C diagnoses.

3. Work group of 5 students – Identify 3 online videos from a documentary, health/mental health site, governmental institute, university, non-profit organization, hospital or clinic, or reputable news source topics relevant to the chapter: Personality Disorders. See chapter outline for possible ideas. For example, the identified coping behaviors for someone experiencing emotional dysregulation difficulties commonly associated Borderline Personality Disorder. Assign different topics to the various groups.

1. Title, author, affiliation, when posted, approximate age of resource and web link
2. Strengths of the video example
3. Limitations of the video example
4. They are to show the video to the class providing a summary of the group information obtained.