Class Activities

# Chapter 13: Schizophrenia

1. Visit the following Site – The ICD-10 Classification of Mental and Behavioural Disorders:

<http://www.who.int/classifications/icd/en/bluebook.pdf?ua=1>

Working in groups of 5 students, using your laptops and smart devices, compare and contrast DSM-5 and ICD-10 Description for Chapter Diagnoses. Each group is assigned a diagnosis.

* Schizophrenia
* Brief Psychotic Disorder
* Schizophreniform Disorder
* Schizoaffective Disorder
* Substance/Medication-Induced Psychotic Disorder
* Psychotic Disorder Due to Another Medical Condition
* Catatonic Disorder Due to Another Medical Condition
* Unspecified Catatonia
* Other Specified Schizophrenia Spectrum and other Psychotic Disorder
* Unspecific Schizophrenia Spectrum and Other Psychotic Disorder
* Delusional Disorder

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| --- | --- | --- |
|  | DSM-5 Ray Textbook | ICD-10 |
| Description |  |  |
| Criteria |  |  |
| Benefits of using this system |  |  |

\*Expand table as needed.

2. Have students break out into teams of 3-5 students. Each team is then assigned one of the four stages of the course of schizophrenia. The students are to define the stage they are assigned and develop a case narrative exemplifying an individual in the stage from the first person perspective. Likewise, the team can include a range of positive and negative symptoms, as well as the specific schizophrenia subtype for the case narrative. The first person narrative must have sufficient information, where if he or she was interviewed by a mental health clinician, the clinician would be able to diagnose accurately the symptom expression, subtype and the current stage that the person is in. You can also implement a lifespan developmental perspective to this activity by encouraging students to include the developmental milestones and challenges of the person given the age of the person depicted in the case narrative.

Seek volunteers to act out the role of the mental health clinician and a person depicted in the case narrative. The class makes a determination on the diagnosis, subtype, and the stage the person is depicting. You may want to do this for all four stages, though not in order so that the class has to think through what stage the case study is exemplifying.

3. Work group of 5 students – Identify 3 online videos from a documentary, health/mental health site, governmental institute, university, non-profit organization, hospital or clinic, or reputable news source topics relevant to the chapter: SCHIZOPHRENIA. See chapter outline for possible ideas. For example, a video depicting brain changes associated with schizophrenia.

Assign different topics to the various groups.

1. Title, author, affiliation, when posted, approximate age of resource and web link
2. Strengths of the video example
3. Limitations of the video example
4. They are to show the video to the class providing a summary of the group information obtained.