Class Activities

# Chapter 11: Sexuality Disorders and Gender Dysphoria

1. Visit the following Site – The ICD-10 Classification of Mental and Behavioural Disorders:

<http://www.who.int/classifications/icd/en/bluebook.pdf?ua=1>

Working in groups of 5 students, using your laptops and smart devices, compare and contrast DSM-5 and ICD-10 Description for Chapter Diagnoses. Each group is assigned a diagnosis; two if the class size is small.

* Sexual Dysfunction Disorders
* Erectile Disorder
* Female Orgasmic Disorder
* Delayed Ejaculation
* Early Ejaculation
* Female Sexual Interest/Arousal Disorder
* Male Hypoactive Sexual Desire Disorder
* Genito-pelvic Pain/Penetration Disorder
* Paraphilic Disorders
* Exhibitionistic Disorder
* Frotteuristic Disorder
* Fetishistic Disorder
* Pedophilic Disorder
* Sexual Masochism Disorder
* Sexual Sadism Disorder
* Transvestic Disorder
* Voyeuristic Disorder
* Other Paraphilic Disorders
* Gender Dysphoria

|  |  |  |
| --- | --- | --- |
|  | DSM-5 Ray Textbook | ICD-10 |
| Description |  |  |
| Criteria |  |  |
| Benefits of using this system |  |  |

\*Expand table as needed.

2. Work group of 5 students – Identify 3 online videos from a documentary, health/mental health site, governmental institute, university, non-profit organization, hospital or clinic, or reputable news source topics relevant to the chapter: SEXUALITY DISORDERS AND GENDER DYSPHORIA. See chapter outline for possible ideas. For example, the topic of what education and training is needed in becoming a sex therapist. Assign different topics to the various groups.

1. Title, author, affiliation, when posted, approximate age of resource and web link
2. Strengths of the video example
3. Limitations of the video example
4. They are to send you the group information obtained and the video links. As an instructor you provide selected examples of relevant videos to show to the class.

3. Using WebMD drug site, have students individually explore a range of psychiatric medications used for mental health concerns and disorders. They can be assigned a list of 10 drugs to look up and determine the side effects.

* <https://en.wikipedia.org/wiki/List_of_psychiatric_medications_by_condition_treated>
* Using the link below, students are to look up the specific drug and determine whether there are side effects that can lead to problems with sex, sexuality, and relationship issues.
* For example, Alprazolam (Xanax)
* <http://www.webmd.com/drugs/>
* This class activity can be modified for using groups and competition, all groups are assigned the same list and whoever gets the most correct receives 10 extra-credit points (5 points for the other groups), or the entire class obtains 10 extra-credit points.
* The list of drugs for other major medical condition (cardiovascular, diabetes, etc.) can be on the list and searched also.