Class Activities

# Chapter 10: Eating Disorders

1. Visit the following Site – The ICD-10 Classification of Mental and Behavioural Disorders:

<http://www.who.int/classifications/icd/en/bluebook.pdf?ua=1>

Working in groups of 5 students, using your laptops and smart devices, compare and contrast DSM-5 and ICD-10 Description for Chapter Diagnoses. All groups are assigned all of the diagnoses below.

* Feeding Disorders (Pica, rumination disorder, avoidant/restrictive food intake disorder)
* Obesity
* Anorexia nervosa
* Binge eating disorder
* Bulimia nervosa

|  |  |  |
| --- | --- | --- |
|  | DSM-5 Ray Textbook | ICD-10 |
| Description |  |  |
| Criteria |  |  |
| Benefits of using this system |  |  |

\*Expand table as needed.

2. Work group of 5 students – Identify 3 online videos from a documentary, health/mental health site, governmental institute, university, non-profit organization, hospital or clinic, or reputable news source topics relevant to the chapter: EATING DISORDERS. See chapter outline for possible ideas. For example, a video on sports and eating disorders. Assign different topics to the various groups.

1. Title, author, affiliation, when posted, approximate age of resource and web link
2. Strengths of the video example
3. Limitations of the video example
4. They are to show the video to the class providing a summary of the group information obtained.

3. Individual assignment: Explore The National Eating Disorders Association (NEDA) webpage

<https://www.nationaleatingdisorders.org/>

Identify an area from NEDA resource that you found particularly interesting or expanded upon the information from the Ray textbook.

1. Title, author, and web link
2. What did you find particularly interesting and helpful in increasing your knowledge regarding eating disorders?
3. What do you think could improve the information and resource link provided? Was there anything missing in terms of content areas?
4. Provide a brief, less than 300 word, summary of the web exploration class activity