Class Activities

# Chapter 8: Anxiety Disorders and Obsessive-Compulsive Disorders

1. Visit the following Site – The ICD-10 Classification of Mental and Behavioural Disorders:

<http://www.who.int/classifications/icd/en/bluebook.pdf?ua=1>

Working in groups of 5 students, using your laptops and smart devices, compare and contrast DSM-5 and ICD-10 Description for Chapter Diagnoses. Each group is assigned a diagnosis.

* Separation Anxiety Disorder
* Panic Disorder
* Agoraphobia
* Specific Phobia
* Social Anxiety Disorder (Social Phobia)
* Generalized Anxiety Disorder
* Substance-Induced Anxiety Disorder
* Anxiety Disorder Attributable to Another Medical Condition
* Anxiety Disorder Not Elsewhere Classified

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| --- | --- | --- |
|  | DSM-5 Ray Textbook | ICD-10 |
| Description |  |  |
| Criteria |  |  |
| Benefits of using this system |  |  |

\*Expand table as needed.

2. Work group of 5 students – Identify 3 online videos from a documentary, health/mental health site, governmental institute, university, non-profit organization, hospital or clinic, or reputable news source topics relevant to the chapter: ANXIETY DISORDERS AND OBSESSIVE-COMPULSIVE DISORDERS. See chapter outline for possible ideas. For example, a video on hoarding as a component of Obsessive-Compulsive Disorder. Assign different topics to the various groups.

1. Title, author, affiliation, when posted, approximate age of resource and web link
2. Strengths of the video example
3. Limitations of the video example
4. They are to show the video to the class providing a summary of the group information obtained.