Class Activities

# Chapter 6: Mood Disorders and Suicide

1. Visit the following Site – The ICD-10 Classification of Mental and Behavioural Disorders:

<http://www.who.int/classifications/icd/en/bluebook.pdf?ua=1>

Working in groups of 5 students, using your laptops and smart devices, compare and contrast DSM-5 and ICD-10 Description for Chapter Diagnoses. All groups are assigned all diagnoses below.

* Major Depressive Disorder
* Bipolar I Disorder
* Bipolar II Disorder
* Cyclothymic Disorder

|  |  |  |
| --- | --- | --- |
|  | DSM-5 Ray Textbook | ICD-10 |
| Description |  |  |
| Criteria |  |  |
| Benefits of using this system |  |  |

\*Expand table as needed.

2. Work group of 5 students – Identify 3 online videos from a documentary, health/mental health site, governmental institute, university, non-profit organization, hospital or clinic, or reputable news source topics relevant to the chapter: MOOD DISORDERS AND SUICIDE. See chapter outline for possible ideas. For example, the association between Bipolar Disorder and Creativity. Assign different topics to the various groups.

1. Title, author, affiliation, when posted, approximate age of resource and web link
2. Strengths of the video example
3. Limitations of the video example
4. They are to show the video to the class providing a summary of the group information obtained.