Discussion Questions

# Chapter 12: SUBSTANCE-RELATED AND ADDICTIVE DISORDERS

1. Why might an adolescent with a maternal and paternal family history of alcohol and drug abuse problems be concerned that they will develop a substance use disorder or addiction? What recommendations do you have for the adolescent in helping to reduce the risk of developing a substance use disorder? Be sure to also address stress, coping and peer relationships in your response.

2. Suppose you are a professor and you have just discovered that some students at your institution are abusing amphetamines. What effects of the drug are likely attractive to them? Explain how these drugs can negatively impact their long term health and brain functioning.

3. Describe the 12-step program and discuss why this alternative form of intervention and prevention for substance-related and Addictive Disorders might be helpful to some individuals. How might financial challenges lead one to seek this type of intervention?

4. Discuss the concept of self-medicating in relation to stress, coping, and Substance-related and Addictive Disorders.