Discussion Questions

# Chapter 9: DISSOCIATIVE DISORDERS AND SOMATIC SYMPTOM DISORDERS

1. Discuss how Dissociative Identity Disorder is portrayed in the media. In what ways are these representations accurate and inaccurate as compared to the criteria discussed in the textbook?

2. Suppose you are a therapist and an individual with dissociative identity disorder seeks your professional help. What method would you utilize to treat this individual? For how long would you likely continue treatment?

3. Imagine you are a provider in medical, hospital, or clinic setting. What are important considerations when working with patients who exhibit symptoms commonly associated with somatic symptom disorder? How do these symptoms differ from a person with a fictitious disorders or from patient with a medical condition?