Class Activities

# Chapter #3: Researching and Writing the Literature Review

1. Visit your university libraries’ homepage and access the PubMed database. If you do not have access to a university library, go online and access PubMed through a Google search. Search for the systematic review below and download the full-text version.

Peckmezian, T., & [Hay, P](https://www.ncbi.nlm.nih.gov/pubmed/?term=Hay%20P%5BAuthor%5D&cauthor=true&cauthor_uid=28469914). (2017). A systematic review and narrative synthesis of interventions for uncomplicated obesity: Weight loss, well-being and impact on eating disorders. *Journal of* Eating Disorders, *5* (15).

Read the article and (a) briefly describe how studies were selected for inclusion into this systematic review and (b) provide an assessment of the overall effectiveness of *behavioral and psychological* interventions based on the studies included in this systematic review.

1. Imagine you are researcher writing a grant to fund a study to evaluate the effectiveness of a group-based parental mental health program. Parents who enroll in this program participate in weekly group sessions where they learn about things like self-care practices. One component of the grant is a review of the literature. Describe the process you would use to begin to search the literature to “build the case” for this topic. What type of background evidence would you need to present to convince a grant reviewer that they should fund this project? Create a brief outline detailing the sections you would include in a review of the literature for this topic. For example, one section could include statistics on the prevalence of mental health conditions among parents.
2. Visit your university libraries’ homepage and access the PubMed database. If you do not have access to a university library, go online and access PubMed through a Google search. Search for the following article:

Zellner, L. T., Henry, A. T., Miller, A., Archie-Booker, E., Johnson, T., & Evans, D. (2016) [Assessment of a Culturally-Tailored Sexual Health Education Program for African American Youth.](https://www.ncbi.nlm.nih.gov/pubmed/28029131) *International Journal of Environmental Research and Public Health*, *14* (1).

Create an annotated bibliography for this article including the following information:

* + Study focus/aims
  + Theory or framework
  + Study Design
  + Number of people who participated
  + Population breakdown
  + Study results
  + Main discussion points
  + Notes/impressions including quotes