Chapter Exercises for **Chapter 10: Substance Use and Addiction**

1. Locate research articles or resources that examine how social workers are working to

understand a particular substance use disorder or addiction, such as alcoholism, drug

use, or food addiction. What seem to be the most effective interventions to date?

2. Peruse the SAMHSA website and reflect on the array of information available there. What part of the website would be valuable to ordinary people? What part would be valuable to substance use disorder professionals? Does this entity seem to be a worthwhile expenditure of public funds? Why or why not?

3. Examine the community where you live or attend school, and assess what substance

abuse and addiction programs exist. What are they called and where are they located?

4. Every now and then, the media run exposés on 12-step programs. Research the social

work literature to discover how effective 12-step programs are.

5. Visit the website of singer Eric Clapton’s Crossroads Center Antigua. What do you

think about the addiction services offered there? Evaluate the programs and outcomes,

as well as the way clients are selected.