Chapter Exercises for **Chapter 7: Health Care and Health Challenges**

1. The opening vignette about health social worker Gayle identifies many practice settings where she has worked. Which of these settings might be places you would like to work? Why?

2. Locate some family or friends who have been hospitalized recently or have a serious health problem. Ask them what concerns they have about our current U.S. health care system, based on their own experiences or the experiences of other people they know.

3. Read about the life of Baseball Hall of Famer Lou Gehrig and the ALS that caused his

early death. How did he face his illness? What lessons can we learn from the choices

he made in life and while nearing death? What do you think about his famous final

speech at Yankee Stadium?

4. How does the U.S. health care system compare with other countries? In what ways is it

better? In what areas is there room for improvement?

5. Look at the list of U.S. health care programs in Exhibit 7.6. Research some of the

programs. Which ones are your favorites? Why? What special health care programs

exist in your state?