**MINDSET VITAMINS | a vitamin for everyday of the semester**

1. What was the last thing you did differently?
2. What is the difference between learning and failure?
3. What is the difference between “what are you going to do” and “what are you going to do next”?
4. How do you feel when there is no data?
5. What do you do when you just don’t know?
6. What is your relationship to risk?
7. What is your tolerance for ambiguity?
8. How do you get unstuck when you’re stuck?
9. True or false? Action trumps everything.
10. How can you influence collaboration?
11. Is all entrepreneurship social?
12. Where do you want to make a difference?
13. How often do you think about starting something and you don’t? Why not?
14. What does “being entrepreneurial” mean to you?
15. Does the label “entrepreneur” refer to only those that start a business?
16. What is preventing you from sharing your ideas?
17. How would you start a rock band?
18. How can you get started with nothing?
19. How did you come up with your last idea?
20. What resources does every entrepreneur have?
21. Name one person you want to add to your network. How will you do it? Now, go do it!
22. How can you create your future?
23. How can you “be the only” rather than “be the best” at what you do?
24. How does entrepreneurship manifest in other cultures?
25. How do you reflect on your actions?
26. Can entrepreneurship change the world?
27. How do you find people to help you?
28. What have you done that is entrepreneurial in the past 24 hours?
29. What will you do in the next 24 hours that is entrepreneurial?
30. When was the last time you talked to a stranger? Talk to one today.
31. What would you do if you knew you couldn’t fail?
32. Observe something today that you’ve never observed before.
33. What is something you are grateful for today?
34. What business could you start with the $100 dollar bill you just found?
35. If you could have dinner with one entrepreneur (dead or alive), who would be it be?
36. Have you listened to your self-talk today? Was it positive or negative?
37. Today only think positive thoughts. If you see or feel something negative, immediately turn it into a positive.
38. What have you said NO to recently that you should have said YES?
39. Do something you’ve never done before.
40. Do something where you think you will get rejected.
41. What have you said YES to recently that you should have said NO?
42. Think about something that you do all the time the exact same way each time. Today to it differently.
43. When did you last push the boundaries of your comfort zone?
44. Walk a different way to your next class or meeting today and look around.
45. What are you most afraid of? Do one thing to begin the journey of overcoming this fear.
46. What has been your proudest moment in life so far? How can create more moments like that?
47. Sing something out loud to at least two people today.
48. Write a poem.
49. Create a newspaper headline about yourself that will appear on the front page of the Wall Street Journal 20 years from now.
50. When was the last time you saw an injustice and you spoke up about it?
51. When was the last time you felt courageous?
52. Learn how to do something completely new to you.
53. Are you writing your own life’s story or is someone writing it for you?
54. What impact do you want to make on the world?
55. If you could solve any problem, what would it be?
56. Teach someone something today.
57. Is all entrepreneurship productive to society?
58. Do something kind for someone today.
59. Go to an event on campus/in your community this week that you would not normally attend.
60. Learn a new joke and tell it to at least three people.
61. Stay off social media for 24 hours or completely unplug for 24 hours.
62. What if you could post one sentence online that the entire world would see and read, what would you say?
63. What would you chose: (1) A $50m investment in a venture that doesn’t excite you or (2) a $1,000 investment in a business idea that you can’t stop thinking about?
64. How would your life be different if you were not in school?
65. Smile a lot more than usual today.
66. Give someone a compliment (but don’t be creepy).
67. Today you have been given an island where you must create your own society. Inhabitants of the island are waiting to hear from you because today you start putting rules into place. What is the first rule of your new society?
68. Create a title and storyline for the next big binge-worthy Netflix series.
69. Laugh. Loud, big, and for one minute.
70. What would you do if you could make yourself invisible?
71. Smell a flower.
72. Close your eyes and take 10 deep breaths. Now, have a good day!
73. Think about the games that you played most as a child. What was so fun about those games? How can you build those elements into your life today?
74. Listen to one episode of the podcast *How I Built This*
75. Ask someone from a different country what is most unique to their culture.
76. Research the UN Sustainable Development Goals and identify which goal you are most passionate about.
77. Go on an adventure with someone.
78. Share a new idea with someone today.
79. How do you influence someone without authority?
80. How is entrepreneurship different from innovation?
81. Find an example of entrepreneurship inside a large company?
82. Go to an entrepreneurship event outside of your class and develop three meaningful relationships with people you do not know.
83. What would you prefer to start: A food truck or a new mobile app? Why?
84. What did you do that was entrepreneurial as a child between the ages of 5 and 12?
85. Think about the entrepreneur you admire most. What is it that you admire and how can you build that into your own entrepreneurial practice?
86. Should entrepreneurship be a core life-skill for today’s generation?
87. What is your dream job?
88. What does entrepreneurship mean to you?
89. Entrepreneurs create value for customers, but what is value?
90. Draw something – a piece of fruit, a coffee cup, a dog, anything. You must draw for 10 minutes without erasing.
91. Create a new word and use it in a sentence with three people. Hey, Google can do it so why can’t you?
92. Create new words to a song that is familiar to you.
93. Are entrepreneurs made or born?
94. How do you develop courage to take action when you don’t know the outcome?
95. Watch a documentary or read the biography of any entrepreneur of your choosing.
96. What habit(s) should you develop as an entrepreneur?
97. If you were an animal, what animal would you be and why? Now, make the sound of that animal! Be loud. Extra points if you do this with a group of friends.
98. What song is your anthem song?
99. What is something about you that is not on your resume that uniquely identifies you?
100. If someone asked you, “how are you entrepreneurial?”—what would you say?
101. Try a food you have never had.
102. Would you rather watch a movie without sound, listen to music without words, or touch something you can’t see?
103. Wear two different socks today and see if anyone notices?
104. Find an inspirational quote that pertains to entrepreneurshop and post to Facebook, twitter, Instagram LinkedIn or any other social media platform of your choosing. Feel free to post a picture with the quote a well.
105. Do something familiar to you blindfolded and see what you discover.
106. Ask someone you want to get to know better to have coffee.
107. Read a blog post about a topic that you know nothing about. For inspiration, Google “cave divers” as an example!
108. What product should be eliminated from the world and why?
109. What is the greatest innovation of your lifetime?
110. Who do you believe to be the greatest entrepreneur of all time?
111. If you had to compare entrepreneurship to a sport, what sport would it be?
112. Think about all the people in your life, contact 3 and tell them why they are special to you.